



DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anne Arundel) Services: <ul style="list-style-type: none"> • BF Classes • BF Support Groups • 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf		To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}				1
2	3	4	5 North County Breastfeeding Support Group 9:30 am - 11:30 am	6	7 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	8
9	10 Annapolis Getting Started with Breastfeeding 3:00 pm - 4:00 pm	11	12 North County Breastfeeding Support Group 9:30 am - 11:30 am Breastfeeding and the Working Mom 3:30 pm – 4:30 pm Getting Started with Breastfeeding 5:00 pm – 6:00 pm	13	14 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	15
16	17	18 North County Breastfeeding and the Working Mom 9:00 am – 10:00 am Getting Started with Breastfeeding 10:30 am – 11:30 am	19 North County Breastfeeding Support Group 9:30 am - 11:30 am	20	21 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	22
23/30	24/31	25	26 North County Getting Started with Breastfeeding 5:00 pm – 6:00 pm	27	28 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	29



JANUARY



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6	7	8	9 North County Breastfeeding Support Group 9:30 am - 11:30 am Annapolis Getting Started with Breastfeeding 5:30 pm – 6:30 pm	10	11 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	12
13	14 Annapolis Getting Started with Breastfeeding 3:00 pm - 4:00 pm	15 North County 9:00 am – 10:00 am Getting Started with Breastfeeding 10:30 am – 11:30am	16 North County Breastfeeding Support Group 9:30 am - 11:30 am	17	18 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	19
20	21	22	23 North County Breastfeeding Support Group 9:30 am - 11:30 am Getting Started with Breastfeeding 5:00 pm – 6:00 pm	24	25 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	26
27	28	29	30 North County Breastfeeding Support Group 9:30 am - 11:30 am	31	To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}	



FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3	4	5	6 North County Breastfeeding Support Group 9:30 am - 11:30 am Annapolis Getting Started with Breastfeeding 5:30 pm – 6:30 pm	7	8 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	9
10	11 Annapolis Getting Started with Breastfeeding 3:00 pm - 4:00 pm	12	13 North County Breastfeeding Support Group 9:30 am - 11:30 am Getting Started with Breastfeeding 5:00 pm – 6:00 pm	14	15 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	16
17	18	19 North County Getting Started with Breastfeeding 10:30 am – 11:30am	20 North County Breastfeeding Support Group 9:30 am - 11:30 am	21	22 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	23
24	25	26	27 North County Breastfeeding Support Group 9:30 am - 11:30 am Getting Started with Breastfeeding 5:00 pm – 6:00 pm	28	To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}	